



# Read Yourself Wiser

Suggested Readings from Pat Arnold's Bookshelves

## AUTHOR

*Abrams, Nancy Ellen*

*Allen, Eula*

*Andersen, U.S.*

*Armstrong, Karen*

*Armstrong, Karen*

*Arnold, Patricia L.*

*Arnold, Patricia L.*

*Ashley, Nancy*

*Assn. for Research & Enlightenment*

*Bach, Richard*

*Bach, Richard*

*Bach, Richard*

*Bach, Richard*

*Bach, Richard*

*Bailes, Frederick*

*Beck, Charlotte Joko*

*Beyond Words (pub.)*

*Blackwell, Amy and Christopher*

*Borg, Marcus J.*

*Borg, Marcus; Wright, N.T.*

*Boykin, Keith*

*Brown, Michael*

*Browne, Sylvia*

*Buscaglia, Leo*

*Buscaglia, Leo*

## TITLE

**A God that Could Be Real**

**Before the Beginning**

**The Magic in Your Mind**

**The Battle for God**

**A Short History of Myth**

**EARTH Is the MOTHER of All Drama Queens**

**Crossing an Unseen Bridge**

**Create Your Own Reality: A *Seth* Workbook**

**A Search for God-Book 1**

**One**

**Illusions**

**Jonathan Livingston Seagull**

**The Bridge across Forever**

**Stranger to the Ground**

**Basic Principles of the Science of Mind**

**Everyday Zen**

**The Little Book of Bleeps *Quotations from the Movie "What the Bleep Do We Know?"***

**Mythology for Dummies**

**Reading the Bible Again for the First Time**

**The Meaning of Jesus**

**Respecting the Soul**

**What They Don't Tell You: A *Survivor's Guide to Biblical Studies***

**Past Lives, Future Healing**

**Living, Loving & Learning**

**The Way of the Bull**



## AUTHOR

Buscaglia, Leo  
Butterworth, Eric  
Cady, Elizabeth  
Carpenter, Tom and Linda  
Cayce, Edgar  
Cerminara, Gina  
Chopra, Deepak  
Chopra, Deepak  
Chopra, Deepak  
Chopra, Deepak  
Clark, Mason  
Coates, Rev. Gerald  
Cochran, Lin  
  
Coutinho, Fr. Paul  
Dalai Lama  
Daniel, Alma; Wylie, Timothy;  
Kramer, Andrew  
Davis, Kenneth C.  
  
Davis, Will Jr.  
  
Desinor, Barbara A.  
Drosnin, Michael  
Drummond, Dorothy  
Durst, Gary Michael  
Dyer, Wayne  
Eadie, Betty J.

## TITLE

Bus 9 to Paradise  
Spiritual Economics  
Lessons in Truth  
Dialogue on Awakening  
Dreams Your Magic Mirror  
Many Lives, Many Loves  
Quantum Healing  
How to Know God  
The Way of the Wizard  
The Higher Self  
The Healing Wisdom of Doctor P.P. Quimby  
Non-Religious Christianity  
Edgar Cayce *On the Secrets of the Universe and How to Use Them in Your Life*  
How Big Is Your God?  
Beyond Religion  
Ask Your Angels  
  
Don't Know Much about The Bible *Everything You Need to Know about the Good Book but Never Learned*  
10 Things Jesus Never Said—and why you should STOP believing them  
Book of Meditations and Centering Moments  
The Bible Code  
Holy Land, Whose Land?  
Napkin Notes on the Art of Living  
The Awakened Life  
Embraced by the Light



## AUTHOR

Easwaran, Eknath

Eckstein, Rabbi Yechiel

Ehrman, Bart

Epperly, Bruce

Epstein, M.D.; Mark

Erico, Rocco

Errico, Rocco

Fillmore, Charles

Fischer, Joe

Fischer, William L.

Fox, Emmet

Franklin, Sheree

Friedman, Richard

Froelich, Karlfried

Fritz, Robert

Furst, Jeffrey

Gawain, Shakti

Gawain, Shakti

Gawain, Shakti

Gawain, Shakti

Gibran, Kahlil

Gillman, Neil

Goldsmith, Joel S.

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## TITLE

Your Life is Your Message

What Christians Should Know about Jews

Misquoting Jesus

At the Edges of Life

Advice Not Given

Let There Be Light: The Seven Keys

Aramaic Light on the Gospel of John

The Revealing Word

The Case for Reincarnation

*Alternatives: New Approaches to Traditional Christian Belief*

The Sermon on the Mount

Intuition: The Hidden Asset Everyone Should Learn to Use

Who Wrote the Bible?

Biblical Interpretation in the Early Church

The Path of Least Resistance

Edgar Cayce's Story of Attitudes and Emotions

Creative Visualization

Living in the Light

Meditations

Reflections in the Light

The Prophet

*Death of Death: Resurrection & Immortality in Jewish Thought*

Spiritual Interpretation of Scripture

Beyond Words and Thoughts

Leave Your Nets



## AUTHOR

Goldsmith, Joel S.  
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Goldsmith, Joel S.  
Goldstein, Joseph; Kornfield, Jack  
Graham, Lloyd M.  
Guiley, Rosemary  
Hawkins, M.D., Ph.D., David  
Hayward, Susan  
Helms, Hal M.  
Hesse, Hermann  
Hicks, Esther and Jerry  
Hill, Jim & Cheadle, Rand  
  
Hitchens, Christopher  
Holliwel, Raymond  
Holmes, Ernest  
Humphrey, Nicholas  
Jakes, T.D.  
Johnson, M.D., Timothy  
Jones, Laurie Beth  
Juergensmeyer, Mark  
Kingma, Daphne Rose  
Kloss, Jethro  
Koffman, Deb  
Kravette, Steve

## TITLE

The Infinite Way  
Spiritual Healing  
Gift of Love  
Scripture  
I Stand on Holy Ground  
Seeking the Heart of Wisdom  
Deceptions and Myths of the Bible  
Tales of Reincarnation  
Power vs. Force  
A Guide for the Advanced Soul  
Echoes of Eternity  
Siddhartha  
Ask and It Is Given  
The Bible Tells Me So: *Uses and Abuses of Holy Scripture*  
god is not Great—*How Religion Poisons Everything*  
Working with the Law  
The Science of Mind  
leaps of faith  
Water in the Wilderness  
Finding God in the Questions  
Jesus, CEO  
Fighting with Ghandi  
Heart & Soul  
Back to Eden  
The Soul Support Book  
Complete Meditation



## AUTHOR

Lamott, Anne  
L'Engle, Madeleine  
Lewis, H. Spencer  
Lewis, Stephen & Slawson, Evan  
Lutzer, Erwin W.  
MacLaine, Shirley  
MacLaine, Shirley  
MacLaine, Shirley  
MacLaine, Shirley  
Marty, Martin E.  
McDermitt, Marilyn  
Miller, Madeleine S. and J. Lane  
Montgomery, Ruth  
Montgomery, Ruth  
Montgomery, Ruth  
Montgomery, Ruth  
Montgomery, Ruth  
Montgomery, Ruth  
Montgomery, Ruth  
Moody, MD; Raymond  
Moore, Thomas  
Moses, Jeffrey  
Mosley, William  
Murphy, Joseph  
Myss, Ph.D., Caroline  
Myss, Ph.D., Caroline

## TITLE

Traveling Mercies: *Some Thoughts on Faith*  
Walking on Water  
Mansions of the Soul  
Sanctuary: *The Path to Consciousness*  
One Minute After You Die  
Out on a Limb  
It's All in the Playing  
Dancing in the Light  
Dance while You Can  
A Short History of Christianity  
Reincarnation--A Biblical Doctrine?  
The New Harper's Bible Dictionary  
A Search for the Truth  
Strangers among Us  
Companions Along the Way  
Herald of the New Age  
Here and Hereafter  
Threshold to Tomorrow  
The World Before  
The World to Come  
Reunions  
Care of the Soul  
Oneness: *Great Principles Shared by All Religions*  
What Color was Jesus?  
Psychic Perception: *The Magic of Extrasensory Power*  
Sacred Contracts  
Anatomy of the Spirit



## AUTHOR

*Osborne, Larry*  
*Pearson, Bishop Carlton*  
*Pearson, Bishop Carlton*  
*Peck, M. Scott*  
*Pendleton, Don & Linda*  
*Phelan, Nancy; Volin, Michael*  
*Pickthall, Mohammed*  
*Prophet, Elizabeth*  
*Quinn, Daniel*  
*Rawlings, M.D., Maurice*  
*Redfield, James*  
*Renard, Gary R.*  
*Renard, Gary R.*  
*Roberts, Jane*  
*Roberts, Jane*  
*Roberts, Jane*  
*Roberts, Jane*  
*Rodegast, Pat; Stanton, Judith*  
*Romer, John*  
*Rosage, David*  
*Rosen, Rebecca*  
*Ruiz, Don Miguel*  
*Schuller, Robert*  
*Schweitzer, Albert*  
*Scolastico, Ron*  
*Sechrist, Elsie*  
*Shannon, Oman*

## TITLE

**10 Dumb Things Smart Christians Believe**  
**The Gospel of Inclusion**  
**God is not a Christian, nor a Jew, Muslim, Hindu**  
**The Road Less Traveled**  
**To Dance with Angels**  
**Yoga for Women**  
**The Meaning of the Glorious Koran**  
**The Lost Teachings of Jesus: Books 1 & 2**  
**Ishmael**  
**Beyond Death's Door**  
**The Celestine Prophecy**  
**The Disappearance of the Universe**  
**Your Immortal Reality**  
**Seth Speaks**  
**The Seth Material**  
**The Nature of the Psyche**  
**The God of Jane**  
**Emmanuel's Book I, II, & III**  
**Testament**  
**Speak Lord, Your Servant is Listening**  
**spirited**  
**The Four Agreements**  
**Tough Times Never Last but Tough People Do**  
**The Psychiatric Study of Jesus**  
**The Earth Adventure**  
**Dreams, Your Magic Mirror**  
**one god, shared hope**



## AUTHOR

Sheen, Bishop Fulton  
Shelley, Violet  
Shinn, Florence Scovel  
Shinn, Florence Scovel  
Shinn, Florence Scovel  
Shinn, Florence Scovel  
Small, Dr. Jimmy Laura Small  
  
Some Friends of Emmanuel  
Some Friends of Emmanuel  
Some Friends of Emmanuel  
Spong, John Shelby  
  
Spong, John Shelby  
Spong, John Shelby  
  
Spong, John Shelby  
Spraggett, Allen  
St. James, Elaine  
Starke, Walter  
Stearn, Jess  
Steiner, Rudolf  
Steiner, Rudolf  
Strobel, Lee  
Strong, James  
  
Studebaker, Alden

## TITLE

Thoughts for Daily Living  
Reincarnation Unnecessary  
The Game of Life and How to Play It  
Your Word Is Your Wand  
The Secret Door to Success  
The Power of the Spoken Word  
Healing Eve: *The Woman's Journey from Religious Fundamentalism to Spiritual Freedom*  
Emmanuel's Book  
Emmanuel's Book II  
Emmanuel's Book III  
Rescuing the Bible from Fundamentalism:  
*A Bishop Rethinks the Meaning of Scripture*  
A New Christianity for a New World  
Liberating the Gospels: *Reading the Bible with Jewish Eyes*  
Here I Stand  
The Case for Immortality  
Inner Simplicity  
It's All God  
Soulmates  
Reincarnation and Karma  
The Archangel Michael  
The Case for Faith  
The New Strong's Expanded Exhaustive Concordance  
of the Bible  
Wisdom for a Lifetime: *How to Get the Bible off the Shelf and into Your Hands*



## AUTHOR

Szekely, Edmond  
Talbot, Michael  
Taylor, Susan  
Taylor, Susan  
Thich Nhat Hanh  
Thurston, Ph.D., Mark  
  
Tipping, Colin  
Tolle, Eckhart  
Tolle, Eckhart  
Turner, Elizabeth  
Tyndale House (pub.)  
Unity (pub.)  
Walsch, Neale Donald  
Walsch, Neale Donald  
Walsch, Neale Donald  
Walsch, Neale Donald  
Walsh, Vaughn  
Walsh, Vaughn  
Wambach, Helen  
Wangerin, Walter  
Warch, William  
Ward, Charles  
Warren, Rick  
Webber, Robert  
Weiss, M.D., Brian  
Werber, Eva

## TITLE

The Essene Gospel of Peace  
The Holographic Universe  
In the Spirit  
Lessons in Living  
Friends on the Path  
How to Interpret Your Dreams: *Practical Techniques Based on the Edgar Cayce Readings*  
Radical Forgiveness  
A New Earth  
The Power of Now  
Your Hope of Glory  
Living Words of Jesus  
Metaphysical Bible Dictionary  
Conversations with God-Books 1-3  
Conversations with God-Book 1 *Guidebook*  
Friendship with God  
Questions and Answers on Conversations with God  
Accept This Gift  
A Gift of Peace  
Life before Life  
The Roots of Genesis  
The New Thought Christian  
Oracles of Nostradamus  
The Purpose Driven Life  
Worship is a Verb  
Many Lives, Many Masters  
Quiet Talks with the Master





## AUTHOR

*Williamson, Marianne*

*Winner, Anna K*

*Yarbrough, Robert I.*

*Young, Wm. Paul*

*Zukav, Gary*

*Zukav, Gary*

## TITLE

**A Return to Love**

**The Basic Ideas of Occult Wisdom**

**Twenty-Eight Days**

**The Shack**

**The Seat of the Soul**

**Soul Stories**

## Pat's Collection of Sacred Texts

*A Course in Miracles*

*Bhagavad Gita: The Song of God*

*The Answer, The New Century Version of the Holy Bible*

*New American Bible*

*The Holy Bible, Saint Joseph New Catholic Edition, Illustrated*

*Holy Bible from the Eastern Text (Lamsa, George translator)*

*Holy Bible, Red Letter Edition, King James Version*

*The Torah, The Five Books of Moses*

*The Kybalion, Hermetic Philosophy*